

YOU'VE
ONLY
GOT
THREE
SECONDS



HOW TO
MAKE THE
RIGHT
IMPRESSION
IN YOUR
BUSINESS
AND
SOCIAL
LIFE

CAMILLE LAVINGTON
WITH STEPHANIE LOSEE

You've Only Got Three Seconds

Time and weathering take their toll on everyone, so you may be ready for some cosmetic reconstruction to sustain your career. Top plastic surgeons like David Hildago, Sherrell Aston, and [Robert Guida](#) perform miracles on their patients with advanced techniques that require shorter recovery time.