

**SMILE COUNCIL:** Standing from left, cosmetic dentists Gregg Lituchy, Larry Rosenthal and Marc Lowenberg. Seated, Irwin Smigel and Lana Rozenberg.

fillers (he's one of the best at injecting them). He administers Botox and silicone, and he possesses the latest antiaging lasers, including Cool Touch and Aurora. Sobel's work is said to explain how Carol Alt, Edie Falco, and Sam Champion come to look so good. 960A Park Avenue, a 82nd Street (212-288-0060)

### Patricia Wexler

BETH ISRAEL MEDICAL CENTER  
STEPHANIE SEYMOUR, Candace Bushnell, and half of young Hollywood head to Pat Wexler's office to keep their skin looking luminous. She specializes in transferring fat from the tummy or butt to flesh out sagging faces (between a quarter and a third of the fat injected should last indefinitely); filling wrinkles; and treatments such as the LED to stimulate new collagen and reverse the evidence of sun damage, with no down time. While you're getting your fat harvested, you can opt for full-on liposuction. 145 East 32nd Street (212-684-2626)

## EAR, NOSE & THROAT SPECIALISTS

### Mina Constantinides

NYU MEDICAL CENTER

NOW IN HIS TENTH YEAR OF practice, Minas Constantinides is the director of facial plastic and reconstructive surgery in the Department of Otolaryngology at NYU. He spends three quarters of his time on nose jobs and the rest on face-lifts or delivering the newest injectables (Radiance is one). Deep-plane face-lifting,



which involves cutting into the deepest layers of the face to improve nasal labial folds and other problem areas, is a specialty, as are endoscopic mid-face-lifts, which improve the upper cheek and eye area with minimal incisions in the hairline. 530 First Avenue, near 30th Street, Suite 7U (212-263-5882)

### Robert Guida

NEW YORK-PRESBYTERIAN HOSPITAL; MANHATTAN EYE, EAR AND THROAT HOSPITAL

GUIDA'S RHINOPLASTIES and revision rhinoplasties draw the cognoscenti because he's an ENT guy-you can expect to breathe well, too. His lower eyelid surgery involves an incision on the inside to eliminate external scars and the possibility of the

drooping effect known as the "hound-dog look," and he tightens the skin with a laser. For facial rejuvenation, he uses both the old fashioned CO<sub>2</sub> laser and the trendy Cool Touch II nonablative laser. Guida also does reconstructive work on faces that have been ravaged by disease or accident. 8 East 75<sup>th</sup> Street (212-871-0900) [www.drguida.com](http://www.drguida.com)

### Steven J. Pearlman

ST. LUKE'S-ROOSEVELT MEDICAL CENTER; LENOX HILL HOSPITAL

RHINOPLASTIES AND re-doing other surgeons' rhinoplasties are the mainstays of Steven Pearlman's purely facial practice. He favors the deep-plane face-lift even though it has the longest recovery time-three weeks, a week longer than other face-lifts - because he thinks the results are the most enduring. He

also performs a full array of nonsurgical procedures, including applying intense pulsed light to reduce brown and red spots and radio-frequency treatments for skin tightening. Pearlman also does pro bono work on victims of domestic violence. 512 Park Avenue, at 60th Street (212-223-8300)

### Geoffrey Tobias

MOUNT SINAI HOSPITAL

GEOFFREY TOBIAS'S practice is exclusively rhinoplasties. He uses microscopic sutures to resculpt and refine the nose instead of removing tissue, because he feels this preserves the nose's long term shape and function. He also specializes in improving noses that were done in the sixties and seventies, when a lot of tissue was routinely